



VIATRIS

# GLAUCOMA

Silent thief of sight

## EYEDROP APPLICATION

DO'S



Wash hands with soap and water, before instilling eye drops.



Sit comfortably in a chair, tilt the head backwards and look towards the ceiling. Eyedrop can also be applied while lying on the bed.



Gently pull the lower lid down forming a pouch into which the drop is to be placed. Apply 1 drop at a time.



Close the eyelids gently for 2-3 minutes after eyedrop application. Wipe excess drop running out of the eye with a clean tissue.



Give an interval of 10-15 minutes between different types of eyedrop.



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## EYEDROP APPLICATION

## DONT'S



Avoid touching the bottle tip against the eye, eyelid or hands.



Do not keep the bottle open after use.



Do not use a safety pin to open the eye drop bottle.

Tighten the bottle cap to create an opening in the nozzle.



Do not close the eyelids forcefully or keep blinking after applying drops.



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## GLAUCOMA DROPS SPECIFIC INSTRUCTIONS



Follow the exact timing for application of glaucoma eyedrop as advised by your doctor.



If you miss a drop, apply one drop once you remember.



Continue the eye drops until there is a change in doctor's advice.



Apply gentle pressure at the junction of inner corner of the eye and the nose with your index finger for 2 minutes.



The drops may not seem to provide any immediate noticeable effect on vision. The goal of glaucoma medication is to keep the eye pressure under control and prevent further vision loss.



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## EYE OINTMENT



Hold the ointment tube close (within 1 inch) to the eye.

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Gently pull the lower lid down forming a pouch into which rice grain size of ointment is placed.

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Once adequate amount of ointment is placed, spin the tube a little. This helps the ointment fall off the tube into the eye.

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Close the eyelids gently for a few minutes. There can be mild blurring of vision for a few minutes, post ointment application which is normal.

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If an eye drop and an eye ointment is to be used at the same time, use the eye drops first, wait for 5 minutes, and then use the ointment.



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